

**Southern California USAG Team Membership Application 2009-2010**

**\$150 Team Membership Fee if received by entry deadline for 1<sup>st</sup> meet**

**Early Bird Price of \$125 if received by Oct 31, 2009!**

**Team Name:** \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ ZIP: \_\_\_\_\_

Gym Phone: \_\_\_\_\_ FAX# \_\_\_\_\_

Website: \_\_\_\_\_

Email: \_\_\_\_\_

Contact person: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Coaches' Information**

Head Coach: \_\_\_\_\_ USAG Pro #: \_\_\_\_\_ Safety Exp: \_\_\_\_\_

Phone (cell preferred): \_\_\_\_\_ Email: \_\_\_\_\_

Coach: \_\_\_\_\_ USAG Pro #: \_\_\_\_\_ Safety Exp: \_\_\_\_\_

Coach: \_\_\_\_\_ USAG Pro #: \_\_\_\_\_ Safety Exp: \_\_\_\_\_

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Coach: \_\_\_\_\_ USAG Pro #: \_\_\_\_\_ Safety Exp: \_\_\_\_\_

Coach: \_\_\_\_\_ USAG Pro #: \_\_\_\_\_ Safety Exp: \_\_\_\_\_

**Team Athlete Information**

Please provide the number of athletes from your club who are expected to compete during the 2009-2010 season:

	<b><u>TR</u></b>	<b><u>DM</u></b>	<b><u>TU</u></b>	<b><u>SY Teams</u></b>
Level 4:	_____	_____	_____	
Level 5:	_____	_____	_____	
Level 6:	_____	_____	_____	
Level 7:	_____	_____	_____	
Level 8:	_____	_____	_____	
Level 9:	_____	_____	_____	_____
Level 10:	_____	_____	_____	_____
Level JR:	_____	_____	_____	_____
Level SR:	_____	_____	_____	_____
<b>TOTAL:</b>	_____	_____	_____	_____

## Southern California Athlete Registration 2009 -2010

\$10 Athlete Registration      Team: \_\_\_\_\_ Today's date: \_\_\_\_\_

Athlete Name: \_\_\_\_\_ USAG #: \_\_\_\_\_

Birth Date: \_\_\_\_\_ Gender:   M   /   F   TR Level: \_\_\_\_\_ DM Level: \_\_\_\_\_ TUM Level: \_\_\_\_\_

### Information Release:

I acknowledge that the athlete listed above will have the results of his/her competition posted on the [www.californiatnt.com](http://www.californiatnt.com) website. In addition, lists of accomplishments, pictures and/or video from any competition may be used on the website, a meet program, handbook or yearbook, or may be used for judges and coaches training purposes. I approve and recognize that the Southern California USAG T&T Association has a right and an obligation to use this information.

Initial: Athlete \_\_\_\_\_ Parent \_\_\_\_\_

### Competition Information:

- ❖ All athletes compete in the age group determined by the age of the athlete on Dec. 31, 2010. This means that age is determined solely by Birth Year.
- ❖ USAG has designated age groups that may differ depending upon event level (level 5 vs. level 10 vs. Jr/Sr Elite). The host may choose to combine age groups to provide a meaningful competition.
- ❖ Athletes begin competition at level 7 or lower, determined by their coach. Once competing at a level, a mobility score must be achieved before moving to the next level. The coach must fill out forms and submit them to the State for approval BEFORE an athlete may compete at level 8, 9 and 10. Applications for moving to the Elite levels must be submitted and approved by the National Program Committee BEFORE competing as a JR ELITE or as a SR ELITE. Check with coach about rules for re-entering competition after a year off.
- ❖ Only the first 3 places in each division are guaranteed awards; the remaining awards are at the discretion of the meet director. If an athlete competes in more than one level in a particular event (for mobility purposes), he/she may only receive an award for the highest level competed.
- ❖ Athletes should arrive at a competition allowing time for stretching before open warm-up. Sessions later in the day may start 30 minutes prior to posted time. Please plan accordingly. Parents should expect to pay a gate fee for each adult and child 5 & over. Parking may be hard to find and not allowed in certain areas. Please observe any postings.
- ❖ Generally only 30 minutes is allowed for open warm-up and is not intended for training on every event but rather for simply warming up the athlete for competition. The coach may take advantage of warming up on only one event. The athletes will receive the allotted specific event warm-up procedure immediately before competing that event.

Initial: Athlete \_\_\_\_\_ Parent \_\_\_\_\_

### Dress Code and Etiquette:

- ❖ According to USAG rules, all athletes must be in appropriate competition attire during all warm-ups, march-in, competition, and awards. Long hair must be secured close to the head (no ponytails). Athletes must be in competition attire to participate in the awards ceremony: *No pullover shorts, T-shirts, partial warm-ups, or flip-flops.* For safety, athletes must wear ankle-length white foot coverings while on Trampolines and Double Mini. No jewelry allowed. No one may compete with a hard cast or any medical device that could cause possible harm to any person(s) or equipment.
- ❖ Only USAG professional members, technical support personnel, and athletes of the current session (with USAG & State membership) are allowed in the field of play, in staging areas, or on award stands. Parents, siblings, children of support personnel, and athletes competing in other sessions are only allowed in designated spectator areas.
- ❖ NO flash photography. Photos or videos without lights may be taken from spectator areas only.
- ❖ All participants at any competition (including spectators) are expected to behave in a respectful manner. Athletes and siblings are not allowed to rough-house, run about, use gym equipment, or play in staging areas. Persons behaving inappropriately will be asked to leave a venue without refund if the problem behavior is not resolved.

Initial: Athlete \_\_\_\_\_ Parent \_\_\_\_\_

I have read and understand everything on this page, and I will support the efforts of the Southern California State T&T Association to provide a safe and enjoyable competitive experience:

Athlete signature: \_\_\_\_\_ Parent signature: \_\_\_\_\_

Please print name: \_\_\_\_\_

TEAM REGISTRATION and ATHLETE REGISTRATION are due before the entry deadline of the first meet.

Coaches, Please go to USAG Membership and print out a list of registered team members and include with your registration forms.

<http://www.usa-gymnastics.org/Story.aspx?tabid=472&prog=memberservices>

Please mail all Team and Athlete Registration forms to:

SoCal USAGTT  
c/o Leslie Gill  
56 Potters Bend  
Ladera Ranch, CA 92694