

Saturday, January 23, 2010

General Warm-up Session 1 & 2

3:00 - 4:00 PM

Warm ups

4:00 - 4:20 PM

Session 1 & 2 March in

Session 1, Females Levels 9 - Elite, All Ages

36 Athletes

4:20 - 6:50 PM

Compete

Session 2, Males Levels 9 - Elite, All Ages / Females Level 4-7, Ages 15 & over

35 Athletes

6:50 - 8:40 PM

Complete

Sunday, January 24, 2010

Session 3, Males, Levels 4 - 7, All Ages

42 Athletes

8:00 - 8:30 AM

Warm Up

8:30 - 10:00 AM

March In & Compete

Session 4, Males Levels 8, All Ages, Females Level 8, All Ages

51 Athletes

10:00 - 10:30 AM

Warm Up

10:30 AM - 12:30 PM

Compete

Session 5, Females Levels 4 - 7, Ages 6 & Under, 7 to 8, 9 to 10

43 Athletes

1:00 - 1:30 PM

Warm Up

1:30 - 3:35 PM

March In & Compete

Session 6, Females Levels 4 - 7, Ages 11 to 12

46 Athletes

3:35 - 4:05 PM

Warm Up

4:05 - 5:35 PM

March In & Compete

Session 7, Females Levels 4 - 7, Ages 13-14

39 Athletes

5:35 - 6:05 PM

Warm Up

6:05 - 7:20 PM

March In & Compete